



# **FOCUS ON YOUR CAREER**

**WITH FOCUS 2!** 

Career and Transfer, San Jacinto College

## What is FOCUS 2?

FOCUS 2 combines self-assessment, career and major exploration, decision making, and action planning to guide you through a reliable career and education decision making model. FOCUS 2 will help select your major in college, make informed career decisions, and take action towards your desired career.

A good strategy is to use FOCUS 2, then think about and discuss your results with you career counselor or academic advisor. Then continue to use FOCUS 2 as an ongoing resource

# How much time does it take to complete?

Typically the total time spent by students the first time they use FOCUS 2 ranges from 45 minutes to 1 hour. Of course, you can take as much time as you need.

The Career Readiness & Self Assessments modules can usually be completed in approximately 45 minutes. You can log back on at any time to spend additional time researching over 1,000 different occupational choices and viewing career videos.

# How do I create an account with FOCUS 2?

**Current San Jacinto College Students:** 

Access the Focus 2 Assessment through your SOS Account.

(Click the "Students - Career Resources" tab at the bottom of your SOS home screen and then click the "Career Assessment" button)

#### San Jac Alumni/Community Members/Faculty & Staff:

If you are still having issues please contact you campus' Career and Transfer at Career.centers@sjcd.edu

A snapshot of the Main Menu of FOCUS 2 appears on the reverse. The FOCUS 2 Main Menu layout mirrors the steps of the career planning process.

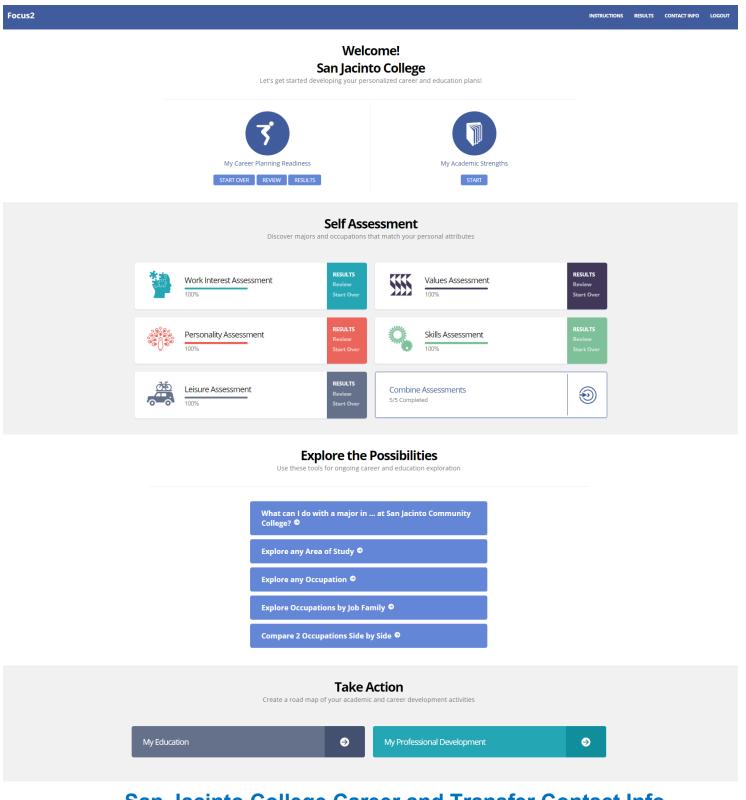
#### **CAREER READINESS**

FOCUS 2 assesses
your involvement and
introduces activities that
support career and
education decision
making. Career Readiness
establishes the baseline.
It includes your self
described career and
educational goals,
academic strengths and
weaknesses, career
planning status, and
personal development
needs.

## **KEEP IN MIND**

- Compatible with PC or MAC software and is accessible from a tablet or smart phone
- FOCUS 2 always saves your results and you can come back to them 24 hours a day
- You can change your mind about earlier choices, repeat a section, and explore new options You can use the system in any order
- Your results are available online for you and your career counselor to review at any time

# Main Menu Features and Functions



San Jacinto College Career and Transfer Contact Info

**Central** 281-476-1805

North & Generation Park

281-459-7156

**South** 281-922-3488

career.centers@sjcd.edu